



The Amazons Australia

The Amazons Australia 2026 – All-Female ARWS Stage Adventure Race

Newsletter #2 - 2026

Welcome to 2026 and our second newsletter for The Amazons Australia 2026. If you did not catch **Newsletter #1** here is the [link](#).

The Amazons Australia 2026 is part of the [ARWS Oceania Series](#) and now includes 2 all-female events. Jan and Kim had the opportunity to speak at the [IARA](#) (International Adventure Racing Conference) following the [ARWS](#) World Championships in Canada and share some reasons why women do benefit from having their own events and in adventure racing it means, you are definitely not just 'the token female' or 'mandatory gear' you are the strong capable women and you are in charge of your own race!

Watch this short video again and be inspired!





The Amazons Australia

Mission Beach: The Amazons Australia's spiritual home.

The 2026 edition of The Amazons Australia returns to its spiritual home in Mission Beach, but with a twist that will challenge even the most seasoned competitors. While the HQ remains central, the course is expanding.

"We are going further afield this year, so expect the unexpected"

"We are looking at remote starts and finishes that will immerse teams deeper into the wild. Even if you raced in 2025, the navigation and checkpoints will be completely fresh, demanding sharp map-and-compass skills."

New Thrills: White Water and Rainforest Gorges

The 2026 edition of The Amazons Australia introduces white water kayaking using double inflatable rafts and specialised paddling and safety equipment, which will all be provided. This sits alongside the race's signature ocean kayaking in the Great Barrier Reef's protected waters - a nod to the legendary Amazon warriors for whom the race is named. Participants will also navigate tropical rainforest gorges and mountain bike through off-road trails with breathtaking coastal views continuing to be a feature of the course.



Contact Us triadventure@optusnet.com.au





The Amazons Australia

The Amazons Australia is designed to be a "turn-key" adventure. Once you arrive at Mission Beach, we handle the logistics so you can focus on the race, the spectacular scenery, your recovery and the tropical sunsets in paradise!

The Race Experience:

- Expertly Curated Course: A 3-day stage race featuring "Standard" routes and "Bonus Checkpoints," ensuring the course is achievable for newcomers but still offers a "pro-level" challenge for experienced Amazons.
- White Water Logistics: All specialised gear provided, including double inflatable rafts, white water helmets, and dedicated safety guides on the course.
- Navigation & Maps: High-quality, waterproof maps specifically produced for the event.
- Daily Media Assets: Access to high-quality daily photos captured by Margarete Oti and video reels, ready for you to share to your socials in real-time.
- Safety & Support: Comprehensive on-course safety teams, medical support, and live tracking so your loved ones can watch your progress from home.



The Social & Support Experience:

- Sunset Welcome Function: Kick off the week with a beachside welcome featuring inspiring guest speakers at a premium local restaurant.
- Post-Event Gala: A full dinner and prize-giving ceremony at a quality beachside venue to celebrate with your fellow competitors.
- Event Merchandise: High-quality participant gear and "The Amazons" keepsakes.
- The Prize Pool: Over \$2,500 in value for overall winners, plus Category Prizes for all 4 divisions and plenty of Random Draw Prizes for the whole field.
- Logistical Ease: Optional airport shuttles (Cairns) and local HQ within walking distance of all Mission Beach accommodation—no rental car required.



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The Amazons Australia

CATEGORIES: there are four categories based on age* 1 July 2026.

Legends 50+

Warriors 30+

Princesses < 30

Tribes mixed ages

In 2025 18% of entrants were Legends, 27% of entrants were Tribes and 55% were Warriors. Where are all the Princesses? Well there were some mother daughter teams and some under 30 women in the event, they were racing in the tribe's category. It was a special moment after 3 days of competition to bring together our eldest (67) and youngest (18) amazons. In 2026 we do hope to attract more women under 30 and have some fierce competition in the Princesses category as this is 'when we think that women are in their prime'. But as you know in adventure racing it seems to be a bit different with Legends being quite capable of putting up a great battle against the Warriors.

As far as 2026 entries go, so far the most popular category is the Legends, followed by Tribes and then Warriors.



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The Amazons Australia

Event Schedule 2026: For details & updates check the website [event information](#)

Sunday 5 July – Registration – This will be from around 12pm and will involve team photos, race pack handouts, official briefings and gear checks. Each team will be provided with a time for registration, photos and there will be a specific time set for official briefing. There will be an opportunity for teams to check out the kayaking equipment and to take into the water for a test paddle.

Sunday 5 July – Sunset Social Function and Official Welcome

Monday 6 – Wednesday 8 July – Official Race Days

Wednesday 8 July – Official Dinner & Presentation Ceremony



ACCOMMODATION

We strongly advise that you try to stay nice and close to the [event HQ](#) in North Mission Beach, as that will be where we gather each day for the event briefing and also where you will end up after finishing.

There are many types of accommodation available from camping, cabins in tourist parks, resort style accommodation and plenty of holiday rentals through online booking agencies and also local real estate agencies.

[Tropical Properties Holiday Rentals](#)
[Mission Beach Holidays Holiday Rentals](#)



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The Amazons Australia

TRANSPORT : Will you Fly, Drive, Bus or travel by Train?

Qantas, Jetstar and Virgin provide daily flights directly into Cairns Domestic International Airports. Air New Zealand and Singapore Airlines service the International Airport.

Airports Cairns Domestic and International Airport – 2hrs North of Mission Beach

Townsville Domestic Airport - 3 hours South of Mission Beach

Event Shuttle: Bookings Required (*Subject to change depending on service provider and there being sufficient bookings).

To book a spot on the event shuttle* please contact us by email

triadventure@optusnet.com.au

Cost \$120 Per Person (return) or \$65 per person (one way)

The event shuttle* from Cairns Airport will depart at approximately 2pm. Book a flight which arrives before 1pm on Saturday 4 July 2026.

The return shuttle will depart Mission Beach - HQ at approximately 8am on Friday 10 July 2026 and arrive at Cairns Airport by approximately 11am. Book a flight that departs after 12pm on Friday 10 July 2026.

Alternatively book your own shuttle directly with

Mission Link <https://www.missionlink.com.au/>



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The Amazons Australia

Looking for a Teammate?

Please contact us via our website and or post to [The Amazons Australia Facebook](#) page so we can help put you in touch with other adventure racers with some experience depending on where you live.

I have entered the Amazons Australia; how much training should I be doing?

We recommend that you try most weeks to get 2 sessions per week of each discipline. If you are time poor, just combine disciplines. We find that part of the fun of preparing for an adventure race is exploring your own back yard and finding places and things that you never knew existed. As the event is up to 8 hours per day, realistically you are not going to be on any one discipline for more than 3 hours, so build up to that as a start. Also don't forget to practice your transitions and navigation. If you would like more information on training and preparation and of skills development, please contact us at triadventure@optusnet.com.au

I really want to be an Amazon so I'm entering now!

Here is the [ENTRY LINK](#) to The Amazons Australia 2026. This link will take you directly to the Event Plus Website. You will need your partners name, email address and DOB.

We are looking forward to seeing you all in Mission Beach July 5 – 8 2026

See you there - Jan and Kim 😊



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